

BACK ON YOUR FEET

Fast Track Hospital Recovery

Making a smooth transition from hospital to home takes planning and special care. Whether recovering from orthopaedic or cardiac surgery, hip or knee reconstruction, or an extended hospital stay, most people have a unique set of needs and will find themselves out of action for quite some time.

Comfort Keepers' 'Back on your Feet' package will assist in fast tracking your recovery and rehabilitation, whilst providing additional help and support with daily living.

About the Package

This package has been designed to support those recovering from hospitalisation and can be tailored to suit individual needs.

Your Comfort Keeper will be

- A Transport Resource - for hospital and medical appointments
- An Errand Runner - to pick up groceries, DVDs, and post mail, etc
- A Reminder Service - for prescriptions and medications
- A Personal Caregiver - to provide support and ensure safety when showering
- A Housekeeper - to assist with light housework and garden watering
- A Cook - to prepare nutritious meals

How it works

Following a free in-home assessment, a personal 'Back on your Feet' care plan will be prepared. Your Comfort Keeper will then arrange a suitable time to commence the service. A regular feedback system and continuous improvement process will also be implemented to support the package.

Supporting Health Care Professionals

Comfort Keepers will work co-operatively with your home help agency, physiotherapist and other health care professionals to provide complementary non-medical services. This ensures you'll receive an integrated care package that expedites recovery and helps reduce the risk of re-injury.



Our Interactive Care Model

We adopt and encourage a model of Interactive Care, which focuses on a person's ability to perform their activities of daily living (ADL) with assistance and encouragement from their caregiver, rather than total dependence on them. This approach is fundamental to building confidence and independence following major surgery or periods of hospitalisation.



About Our Caregivers

Each Comfort Keeper is carefully selected, screened and trained to provide the best service possible. From extensive background checks to ongoing training, we strive to offer the very best Comfort Keeper for any specific situation. Comfort Keeper Caregivers are police and credit checked, insured and covered by Workers' Compensation.

- Gift Vouchers Available

BOOK TODAY!

Simply contact the Comfort Keepers Team via:

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PHONE	(08) 9315 2200 South
EMAIL	info@comfortkeepers.com.au
WEBSITE	www.comfortkeepers.com.au

With an objective of helping people to maintain a high quality and independent lifestyle, Comfort Keepers provides non-medical, in-home care services, tailored to meet the needs and expectations of both individuals and their families..

